

MEET UP EAT UP™



Central Summer School Menu July



Monday	Tuesday	Wednesday	Thursday
22nd	23rd	24th	25th
PopTart	Donut Holes	Muffin & Cheese Stick	Mini Pancake
Cereal, 3 fruits, White milk and Chocolate milk offered daily			
Hamburger or Cheeseburger French Fries & Cucumber Oranges & Blueberries	Nuggets & Dinner Roll Green Beans & Snap Peas Chilled Mango & Apple Sauce	Mac & Cheese & Pretzel Stick Broccoli & Grape Tomatoes Banana & Grapes	Cheese Pizza Corn & Celery Fresh Melon & Pineapple
Turkey & Cheese Sandwich			

29th	30th	31st	August 1st
Cinnamon Bun	Breakfast Bagel Pizza	Benefit Bar	Fruit Loop Waffle
Cereal, 3 fruits, White milk and Chocolate milk offered daily			
Crispy Chicken Sandwich French Fries & Broccoli Grapes & Whole Apples	Hot Dog Carrots & Cole Slaw Mandrian Oranges & Strawberries	Walking Taco Fiesta Beans & Side Salad Grapes & Blueberries	Stuffed Pepperoni Sandwich Peppers & Carrots Chilled Pears & Frozen Juice Cup
Italian Sandwich			

All Fruits and Vegetables are offered in a half cup portion

Kenowa Hills is an Equal Opportunity Institution.



Breakfast:
9:00 - 9:25am

Lunch:
12-12:30

*Menu Subject to change



Questions or Concerns? Contact Megan Johnson, Director of Food and Nutrition Services (616)965-4340